

ITEMS TO BRING (If available)

Clothing

2 pr jeans & 2 pr slacks (1 black and 1 khaki pair)
Tops: blouses, tanks, t-shirts, sweaters, sweatshirts (No more than 15 pieces)
8 pr underwear
3-4 bras
3 pr pajamas
1 workout outfit
applicable)
3 pr shoes (dress, casual, sneakers)
3 pr shorts
7-8 pr socks
1-2 nice outfits (Church attire)
1 bathrobe
1 bathing suit (tankini or 1-piece -- if available)

Toiletries

Shampoo & Conditioner
Make-up
Deodorant
Body lotion
Q Tips
1 perfume bottle
1 body spray
1 toothpaste
1 toothbrush
Dental floss
Razors
Tweezers
Nail clippers

Miscellaneous (if available)

1 journal
School supplies & books (if
Stationary/Stamps
1-2 pictures (no frames or albums)
1 Bible

Hair/Skin Care

Curling iron or curlers
Hair dryer
Hair spray
1 comb/pick & 1 brush

Jewelry

**Please limit jewelry to a few items